Dear Friends,

For almost 100 years, Methodist Healthcare has strived to provide high quality healthcare for all citizens in our community. Offering faith-based, compassionate and quality care to thousands of patients annually in our six hospitals located in every quadrant of our community is challenging and complex. Patients come through our doors—in pain and often fearful—expecting the best care available. This same level of service is expected of our many outpatient clinics, physician practices, Hospice Residence, home health programs and throughout our community.

We take that responsibility seriously. At Methodist, our highest priority is Patients First, and your partnership with Methodist Healthcare Foundation is essential to our work.

We are pleased to share this report of the 2016 activities and achievements of Methodist Healthcare Foundation. As we hope you will see through the highlighted stories, your partnership and support is essential to expanding and enhancing vital services to meet the many complex healthcare needs of our entire community.

Together we’re building an innovative, state-of-the-art tertiary care facility to meet and exceed the care needs of our patients in the heart of Memphis and the MidSouth. Philanthropy continues to be essential to the meaningful work of our Comprehensive Sickle Cell Center, which is now partnering with St. Jude Children’s Research Hospital to extend and enhance comprehensive care to more sickle cell patients while ensuring that young adults continue accessing care after graduating from St. Jude. Your caring contributions ensure that patients and their families receive compassionate hospice care at the end of their lives, regardless of their financial circumstances. As we continue to navigate underserved community members to improved health through innovative programs like our Congregational Health Network’s Cancer Navigation Program, partners like you enable us to continue linking community members to the support, information and care they need.

We are grateful to the Methodist Foundation Board of Directors, volunteers, donors and numerous community partners who make all of this meaningful work possible. Together, we can support the mission of Methodist Healthcare to provide high quality care to every member of our community.

Thank you.

Gratefully,

Paula Jacobson
President, Methodist Healthcare Foundation

Rev. Dr. Eric L. Winston
Chairman, Board of Directors

Methodist Le Bonheur Healthcare 2016 AT A GLANCE

• 6 Hospitals
• 13,313 Associates
• 44,145 Volunteer Hours Given by 488 Volunteers
• Contributed More than $188 Million in Community Benefit

• Nearly 500 Physicians Practicing at More than 100 Locations
• 63,596 In-Patient Discharges
• 386,198 Emergency Room Visits

Methodist Healthcare Foundation Fiscal Year 2016 OVERVIEW

$6,696,935 Raised  |  11,809 Gifts  |  6,078 Donors

DISBURSEMENT BY PROGRAM AREA

INCOME BY PROGRAM AREA

For a complete list of donors who gave from January 1, 2016 to December 31, 2016, visit www.methodisthealth.org/give.
IMPACTING COMMUNITY HEALTH THROUGH PHILANTHROPY

In 2016, philanthropy supported Methodist Healthcare’s many health initiatives. These programs positively impact the way our community accesses healthcare resources, understands the healthcare system and maintains their health and overall well-being.

These numbers directly reflect the scope and impact of our donors in 2016.

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<table>
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<tbody>
<tr>
<td><strong>Chaplains</strong> provided support to patients &amp; families<strong>22</strong></td>
<td><strong>Congregational Health Network (CHN) Navigators supported congregations</strong>8</td>
</tr>
<tr>
<td><strong>bilingual Navigators provided support to our Spanish-speaking community</strong>2</td>
<td><strong>FREE breast mammography screenings provided to underserved women</strong>454</td>
</tr>
<tr>
<td><strong>women navigated to BREAST HEALTH INFORMATION &amp; screenings</strong>597</td>
<td><strong>underserved WOMEN screened on Methodist Mobile Mammography bus</strong>159</td>
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<tr>
<td><strong>baseline health screenings provided at WELLNESS WITHOUT WALLS</strong>700</td>
<td><strong>community health fairs</strong>200+</td>
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<td><strong>behavioral health referrals completed through the Living Well Network</strong>590</td>
<td><strong>organ transplants completed</strong>264</td>
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<tr>
<td><strong>primary care physicians launched depression screenings</strong>31</td>
<td><strong>hours of phone support provided through the Living Well Network</strong>2,350+</td>
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<tr>
<td><strong>people supported through the Dennis H. Jones Living Well Network</strong>869</td>
<td><strong>financial assistance grants provided through the Transplant Resource Center</strong>54</td>
</tr>
<tr>
<td><strong>children attended Camp BraveHearts family grief camp</strong>83</td>
<td><strong>cancers detected through community Cancer navigation</strong>2</td>
</tr>
<tr>
<td><strong>people attended WELLNESS WITHOUT WALLS events in 38109</strong>1,871</td>
<td><strong>topical health education classes offered</strong>27</td>
</tr>
<tr>
<td><strong>congregation members supported through CHN</strong>19,000+</td>
<td><strong>PATIENTS cared for at Methodist Comprehensive Sickle Cell Center</strong>210</td>
</tr>
<tr>
<td><strong>of sickle cell patients graduating from St. Jude came to METHODIST for adult care</strong>80%</td>
<td><strong>highly complex patients received Familiar Faces navigation support</strong>164</td>
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Hyde Family Member Looks Back on a Legacy Built on Faith and Caring

There’s no shortage of connections to Methodist Healthcare for Jeanne Varnell. She was born at Methodist, grew up in the United Methodist Church and her great uncle, Dr. Battle Malone, was the hospital’s first chief of staff.

“So many hospitals have a connection to this or that denomination, but they don’t really live out the faith aspect,” said Jeanne, a lifelong Memphian and member of the Hyde family. “That’s what I think is so unique about Methodist—throughout everything, they never forget the faith aspect.”

So it’s no surprise that Jeanne and her fellow board members on the J.R. Hyde Senior Family Foundation chose a project at Methodist as one of their final gifts before closing down the Foundation. The gift will make it possible to transform an unused cooling tower in the center of the Methodist University Hospital campus into a purposeful, awe-inspiring garden pavilion.

The J.R. Hyde Senior Family Foundation Garden Pavilion is one part of a $275 million expansion under way at the Midtown campus. The expansion also includes a 10-story, 440,000-square-foot patient tower that will provide innovative, quality care for patients across the MidSouth in the heart of Memphis and the Medical District.

In her professional life, she was a human relations trainer and consultant who worked with non-profits and churches. And she was the first female board chair of Lambuth College.

But family is the foundation for Jeanne. Her family includes two biological children from her first marriage, her adopted daughter, and Henry Varnell’s three children who she says she loves “like they were my own.”

She’s proud of the legacy of her family’s Senior Family Foundation and notes that Methodist was among the first grant recipients when the Foundation started 53 years ago.

“My grandfather and grandmother were both people of great faith, and the reason he started the J.R. Hyde Senior Family Foundation was so that he could give money to colleges and hospitals and mission work,” Jeanne said. “I served on the foundation board from the time I was 24 years old. I knew nothing about philanthropy or foundations, but I certainly gained great experience over those 53 years.”

Jeanne was inspired by her grandfather’s faith and devotion. Every week, he would go to Methodist to visit members of his Sunday school class—even after he lost his sight.

And she’s glad the Foundation he started was able to help Methodist continue to live out its faith and health mission.

“I just am so thankful that Methodist means what they say—that they are faith-based,” Jeanne said. “I think it makes such a difference to patients and to their families. Faith is in the attitude of all of the staff. It’s a caring community, and I think that caring goes so far in healing.”
An Evening with Gary, presented by Cigna, FedEx and Johnson Controls, Inc., brought together 775 colleagues, friends and family to celebrate Gary Shorb’s tireless work as CEO in furthering the mission of Methodist Le Bonheur Healthcare. The evening included a dinner with keynote addresses from Dr. Dennis Higdon, Beverly Robertson and Ed Roberson, Methodist branded “growl towels”, and an after-party with dancing and dessert. Proceeds benefitted Methodist Hospice.

To commemorate the leadership of Gary Shorb, friends, colleagues, business partners and community leaders quietly raised funds to support clinical enhancements within the modernized Methodist University Hospital. Donors made generous contributions to honor Gary’s commitment to the Methodist mission and the well-being of Memphis and the MidSouth during his tenure as CEO from 2001-2016. The modernization project kicked off in 2016 with the completion of a new patient parking garage that will connect directly to the new patient tower. The comprehensive master plan for Methodist University Hospital is projected to be completed by early 2019.

2016 Organizational Highlights


- Great Place to Work® and Fortune name MLH one of the 2016 Best Workplaces in Healthcare (#8), for Women (#18), to Retire From (#19) and for Diversity (#21).

- Methodist partners with St. Jude Children’s Research Hospital to advance research and clinical care for adult sickle cell patients in the Memphis area.

- Methodist University Hospital breaks ground on $275 million master campus plan.
Following the announcement of a new partnership with St. Jude Children’s Research Hospital, the Methodist Comprehensive Sickle Cell Center is seeing growth in the patient population, staff and cutting-edge research initiatives.

“We are treating our patients right now with the resources we have, and we are also looking at what else we can do that will make an impact on their health. When patients come here, they are exposed to a lot of opportunities,” said Dr. Jane Hankins, St. Jude pediatric hematologist and oncologist and the new interim Medical Director of the Methodist Comprehensive Sickle Cell Center.

Dr. Hankins’ first goal was to expand the staff to accommodate the growing patient volume. Since August 2016, the team has grown from five members into a multidisciplinary team of 11, including an adult hematologist, a nurse, an administrative assistant, a social worker, a nurse practitioner and a medical assistant, with plans to hire a clinical psychologist in the near future.

She has also worked to improve infrastructure, including implementing nationally accepted quality indicators and better connecting the sickle cell program to other areas in the hospitals, all with the intention of creating a truly comprehensive sickle cell program.

Dr. Hankins’ and St. Jude’s connection to the Methodist Comprehensive Sickle Cell Center started years before as a result of her unique interest in supporting adolescent patients as they transition to adult care.

“When I started at St. Jude, I realized that, as the kids became older adolescents, their engagement in their treatment started to fade. At that time, we were only graduating 30% of our kids into adult care programs.

So, we progressively built the transition to adult care program to prepare patients to assume responsibilities for their care.”

After creating the program at St. Jude, Dr. Hankins launched a transition program at Methodist to ensure the same support and resources were available to young adults.

In 2016, 80% of St. Jude’s graduating patients chose to come to the Methodist Comprehensive Sickle Cell Center for their continued care.

Moving forward, the Center will begin offering patients several opportunities to participate in research studies and to receive cutting-edge therapies. The Center will partner with West Cancer Center physicians, Dr. Jason Chandler and Dr. Yasser Khaled, who are planning to offer bone marrow transplants to adult sickle cell patients. Bone marrow transplantation is currently the only available treatment for sickle cell disease that provides a chance of a cure.

Gene therapy, which is being researched as another possible cure for sickle cell disease, is currently being developed at St. Jude and will also become an option for adults treated at Methodist’s Center.

“In the years to come, we are going to have the tools needed to cure adults with sickle cell disease here in Memphis, which to me is mind-blowing. It is very exciting to have a comprehensive program that delivers evidence-based care and cutting-edge research at the same time,” said Dr. Hankins.
With his signing of a five-year, record-breaking contract with the Memphis Grizzlies, Mike Conley also renewed his commitment to the Methodist Comprehensive Sickle Cell Center, a philanthropic mission he has supported for over nine years. In 2016, Mike’s support of the Center included hosting the most successful Mike Conley’s Bowl ‘n Bash fundraiser to date, selecting the Center as the recipient of his NBA Community Assist Award prize and helping host the first-ever online Charity Sports Auction in partnership with ESPN Radio to benefit the Center.

In 2016, Orion Federal Credit Union signed on as the new Presenting Sponsor of the Mike Conley Bowl ‘n Bash, making it the most successful year yet. Throughout the year, Orion served as a valuable new partner to Methodist by promoting and supporting the mission of the Sickle Cell Center, which included an additional generous contribution to the Center in honor of Mike Conley.

In 2016, 80% of St. Jude’s young adult sickle cell patients transitioned to the Methodist Comprehensive Sickle Cell Center for their care. This success is a result of Methodist’s partnership with St. Jude, as well as the intentional efforts of the Center’s transition program team that includes Interim Medical Director, Dr. Jane Hankins. The transition program seeks to bridge the care pathway from pediatric to adult care for young adult sickle cell patients, ages 18-25, to ensure they continue to receive the care, resources and support they need.
After 30 successful years as an ear, nose and throat surgeon, Dr. Joe Weems could have decided he was done. But in the late 1990s, he and his wife, Dorothy, watched three loved ones die of malignant diseases.

“And to be honest, their deaths were not good,” Dr. Weems said.

So, at age 60, Dr. Weems became board certified in hospice and palliative care. And Dorothy, a social worker who had worked for the Department of Human Services, a psychiatric hospital and a home health agency, became a hospice volunteer.

Their efforts have blessed hospice patients and staffs across the Memphis area—including at Methodist Le Bonheur Healthcare. In homes and at the Methodist Hospice Residence, their passion for the cause is always in view.

Dorothy has done everything from finding books on Greek mythology for a patient, to reading the Bible to patients, to rocking a five-week-old infant—and she has also done lots of listening.

“We both feel very strongly that when people say, ‘Oh that’s so depressing,’ that it’s less so for us than for the nurses—the ones giving all this personal care, having all this trust put in them,” Dorothy said. “They are integral. It’s the beauty of a team to me.”

The focus in hospice care is vastly different than other specialties, Dr. Weems said.

“Physicians have been taught to fix people,” he said, “but they have not been taught how to care for dying patients. I think that’s a great deal of what has interested me in the last 7 to 10 years—teaching medical students and fellows, so that there is better understanding among physicians about how to take care of folks.”

In the days before the Residence was completed in 2011, Dr. Weems wasn’t convinced it was necessary.

“At first, when I was seeing folks at home—and it’s true that some people would rather be at home—I wasn’t sure that the Residence was all that important,” he said. “But once this was built, I started to realize—it’s astonishingly helpful to people.”

They both remember the day, shortly after the Residence opened, that his opinion started to change. While making his rounds, Dr. Weems saw a woman sit down in the lobby and start to sob.

“I went over to say ‘Are you ok?’ and she said ‘Yes, I’m fine,’” Dr. Weems recalled. “Then she said, ‘I was so worried about my mother, and then I found this place and it’s perfect. I feel comfortable now that she’ll have a good place to be at the end of her life.’”

Now, they can’t imagine not having a place like the Methodist Hospice Residence.

“I think that the families that have been taking care of someone at home are financially, emotionally and physically exhausted,” Dorothy said. “In certain situations, this is just invaluable.”

Dorothy continues to volunteer, but at 77, Dr. Weems recently retired. He’s proud, he says, of both phases of his long career.

“This part of my career has been the most satisfying to me,” he said. “I enjoyed the first part of my practice, but you get tired of anything after 30 years. It was fun to get involved in an area of medicine that was developing and get on the up learning curve again—and to help change the care of patients at the end of life.”
Night Life for Methodist Hospice featuring bluegrass legend, Ricky Skaggs, and his band, Kentucky Thunder, attracted a crowd of over 500 guests and raised $135,000 to benefit Methodist Hospice. The event was presented by Cigna and supported by many generous sponsors, including Gold Sponsor Barnett Benefits and a committee of 28 couples chaired by Kelly Jo and Mitch Graves.

Methodist Hospice partnered with Creative Aging to enhance the patient and family experience at the Methodist Hospice Residence. As a result of generous donor support, talented local musicians who represent an array of musical genres began providing monthly performances at the Residence for patients and families to enjoy.

In 2016, 83 children and their parents and caregivers attended Methodist Hospice’s Camp BraveHearts Family Grief Camp. The Camp provided a meaningful and fun experience where the children and their caregivers could learn to express and process their feelings of grief and receive support from the camp leaders and one another. Camp BraveHearts is providing completely free of charge to every camper because of generous donors.
DeRhonda Hutcherson doesn’t dwell on the difficult aspects of her breast cancer treatment. Still, everyone has limits.

“It’s hard going through radiation and chemotherapy and the unknown and losing your hair,” said DeRhonda. “Mine came out on the first treatment—all of it. And I had real long hair. I hadn’t cut it in more than 30 years. It was gray, but it was mine.”

What she prefers to focus on are things like the 8-year-olds in her granddaughter’s Sunday school class who pray for her each week. Or the series of healthcare guardian angels that made her diagnosis and treatment possible.

“The Lord orchestrated this,” DeRhonda said. “I’m so grateful for everyone.”

When she first noticed a lump, DeRhonda put off taking action. She was uninsured after her husband, Terry, lost his job after losing his sight due to illness.

She eventually confided in a co-worker who connected her with Rafael Miranda, a navigator with Methodist Healthcare’s Congregational Health Network (CHN).

Rafael sensed the urgency and arranged for a screening through a Methodist program made possible by grant funds from Susan G. Komen Memphis-MidSouth. He called the day before Thanksgiving and told her she might not hear back immediately because of the holiday.

“West Cancer Center called me 20 minutes later and said they had a cancellation, would I mind running over there,” DeRhonda said. “This has absolutely been miracle after miracle—the hand of God. I can’t help but say that.”

She had a mammogram and a biopsy and was scheduled for surgery on Dec. 23, less than a month after she first talked to Rafael.

Rafael recalls, “When she called me I said, ‘Don’t worry about it, we’ll take care of it.’ We have a commitment as a hospital—if we find something, we’re going to see if we can treat it.”

“Rafael came to my room before my surgery to meet me,” DeRhonda said, tearing up. “I just thought that was so special.”

Jeremy Sanders, CHN Cancer Navigation Program Specialist, worked with Rafael to ensure DeRhonda accessed the care she needed, when she needed it.

“At Methodist, we firmly believe that a patient’s lack of resources should not determine the level of healthcare they receive. Everyone deserves a fighting chance,” said Jeremy. “Our partnership with Susan G. Komen Memphis-MidSouth has allowed us to expand cancer navigation, provide free mammograms and offer ongoing support to patients like DeRhonda. It is an amazing feeling knowing that, together, we are improving the continuum of care by directing resources to assist women in taking back their lives.”

DeRhonda is hopeful about her prognosis and grateful for all the help she’s received.

“It’s good because everyone acted so quickly to help me—and it was because of Rafael. He got the ball rolling. Otherwise I’d be stressing over, ‘What am I going to do and how am I going to do this?’ I appreciate everyone who is part of this program. They’ll never realize all the lives they are saving.”
Methodist’s Community Cancer Navigation Program successfully navigated underserved and uninsured women to breast health screenings while increasing awareness and access to resources. With support from Susan G. Komen Memphis-MidSouth, Congregational Health Network Navigators connected 454 women to free breast health screenings, including 159 screenings on the Methodist Mobile Mammography bus. Avon Breast Cancer Crusade also provided a grant that increased access to resources and provided support for innovative navigation efforts.

As a physical symbol of Methodist’s commitment to faith and healing beyond the hospital walls, a complete restoration of the Germantown Historic Church, situated on Methodist Germantown Hospital’s campus, was completed in 2016. The restoration was made possible because of the leadership and generous support of Nancy and Ed Barnett who led a fundraising campaign that garnered support from many individuals, businesses and community partners. In recognition of their generosity and leadership, the beautiful church was named The Barnett Chapel.

The 2016 Cancer Center Luncheon, featured Laura Linney, award-winning theater, television and movie actress. In her keynote address, Laura inspired the crowd of over 800 guests with her deeply personal and moving speech about the impact of cancer throughout her life. The event was supported by many generous sponsors including Cigna, Presenting Sponsor, and FedEx, Turner, Wells Fargo and US Bank. Proceeds from the luncheon benefitted the University of Tennessee/West Institute for Cancer Research.
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