



Living Donor Transplantation

Advancing care. Enhancing life.

At the Methodist Transplant Institute, living donor kidney transplantation offers a powerful path to transplant, providing shorter wait times, earlier access to care and improved outcomes for many patients. This guide explores the benefits of living donation and the support available at every step.



A woman with dark skin and long braids, wearing a white lab coat over blue scrubs, is gesturing with her right hand while talking to a man and a young child. The man has a beard and is wearing a dark plaid shirt. The child has short brown hair and is wearing a red and white striped shirt. They are in a bright, modern setting with large windows in the background. A large magenta circle is overlaid on the left side of the image, containing the title text.

Why Living Donation Matters

More than 100,000 men, women and children in the United States are currently waiting for a life-saving organ transplant. Because the demand for donor organs exceeds availability, many patients face extended wait times. That's why living donation is so important. A living donor can help a patient receive a transplant sooner, often before their health declines or symptoms significantly affect their quality of life. By reducing waiting time, living donation can offer better outcomes and provide a life-changing opportunity for those in need.

Benefits of Living Donor Transplantation

- Reduced waiting time for transplant
- Ability to plan surgery in advance
- Earlier access to a transplant before serious illness progresses
- Improved long-term outcomes for many recipients

Who May Be a Living Organ Donor?

Adults over the age of 18 who are physically healthy overall.

Every potential donor is carefully and thoroughly evaluated to ensure safety, well-being and long-term health.

Learn more about living organ donation at methodisthealth.org/DonateLife

Living Donor Kidney Transplantation

Living kidney donation involves an individual donating one kidney to a recipient. Kidneys from living donors often function longer than those from deceased donors. Surgery can also be planned in advance, helping recipients spend less time on the national waiting list. For incompatible donor-recipient pairs where the donor and recipient are not a direct match with one another, paired kidney exchange through the Alliance for Paired Kidney Donation may be an option. For more information, please visit <https://paireddonation.org>.

The Living Donor Evaluation Process

Our multidisciplinary transplant team works together to guide donors through a comprehensive and confidential evaluation. This includes meetings with:

- Transplant surgeons and nephrologists
- Nurse coordinators
- Social workers and financial case managers
- An Independent Living Donor Advocate

This coordinated approach ensures donors are fully informed, supported and empowered at every step.





A Meaningful Impact

Living donation is an extraordinary gift – one that reflects compassion, courage and the power of human connection. Together, donors and our expert teams help improve lives through personalized, exceptional care.



To learn more about living donation, contact a Living Donor Coordinator at **901.478.9183** or scan the QR code to complete an interest form.



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methodisthealth.org/DonateLife

