

## BECOMING A PATIENT

To become a patient, schedule an appointment at our preventative clinic, so that we can get a full picture of your medical history. After your first appointment, you can use the infusion center for crisis care.

If you'd like more information about becoming a patient at the **Methodist Comprehensive Sickle Cell Center**, please call **901.516.8785** or **901.516.8188**.

[www.methodisthealth.org/sicklecell](http://www.methodisthealth.org/sicklecell)

## Transitioning to Adult Sickle Cell Care



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## WELCOME

Welcome to the **Methodist Comprehensive Sickle Cell Center**! We are excited to tell you about our facility, and we look forward to caring for you as you transition to adult sickle cell care.

## ABOUT OUR CENTER

Located on the campus of Methodist University Hospital, our Center is a preventive outpatient clinic and dedicated emergency infusion unit specifically for adult sickle cell patients. It is for these patients that we are dedicated to delivering innovative, comprehensive care and developing new treatments through on-site research. We are committed to providing care that will help enhance your quality of life.

Our Center is designed specifically to treat sickle cell patients. We can help you:

- improve quality of life through preventative medicine and education
- quickly access our infusion center for crisis management
- transition from pediatric to adult clinic (for patients ages 18 to 25)
- avoid long wait times in the Emergency Rooms
- avoid being admitted to the hospital
- get back home more quickly

## OUR TRANSITION PROGRAM

We understand the concerns you may have about transitioning to adult care. We are here to provide support during this time and focus on you. Here are a few highlights of our transition program that set our Center apart:

- Because we have such a close relationship with St. Jude Children's Research Hospital, we are very familiar with the care you have received and are able to fully address your concerns.
- During the transition, your disease education care will still be followed by your St. Jude case manager.
- We will help you navigate the adult care world.
- Our focus is on your wellness.
- We provide patient- and family-centered care which means we welcome and value your family's involvement in your care.

- We have many resources available to you, including social and psychological care in clinic.
- Prompt referrals to other specialty doctors
- In cases of pain crisis, call us before 11 am and we can provide immediate treatment at our infusion center.
- Our excellent communication with the hospital staff means if you are hospitalized, we are able to monitor your care closely.

## RESEARCH

Our Center, in collaboration with St. Jude Children's Research Hospital, is on the forefront of performing cutting-edge research.

- Testing new drugs that improve the symptoms of sickle cell disease
- Investigating the long-term outcomes of sickle cell disease
- Developing new clinical trials
- Studying a cure of the disease through bone marrow transplantation and, in the future, gene therapy



### Justin Flowers

Patient, Methodist Comprehensive Sickle Cell Center

*"I had an easy transition, because I have some of the same doctors who were at St. Jude. I felt right at home knowing they were a part of my new team. Everything just clicked into place! It was an easy transition from St. Jude to Methodist."*