



Methodist Centralized Scheduling

Phone: 901-516-9000

Fax: 901-516-4900

Outpatient Diabetes Education Referral Form

Patient Name: _____ DOB: _____

Insurance: _____ Phone (Home): _____ (Cell): _____

Diabetes Diagnosis:

____ New-Onset Type 2 Diabetes ____ Prediabetes ____ Gestational Diabetes
____ Pre-Existing Type 2 Diabetes ____ Type 1 Diabetes ____ Pre-Existing Diabetes w/ Pregnancy

Referral for: (Please select all that apply)

____ Type 2 Diabetes Education with RN, CDCES (small group) – approx. 2.5 hours
____ Type 2 Diabetes Nutrition with RD (small group) – approx. 2.5 hours
____ Gestational Diabetes (small group) – approx. 2.5 hours
____ Pre-Existing Diabetes w/ Pregnancy (1-on-1) – approx. 1.5 hours
____ Special Needs/1-on-1 with RN, CDCES* – approx. 1.5 hours
____ Special Needs/1-on-1 with RD* – approx. 1.5 hours
____ MNT Follow-up with RD – approx. 1 hour

Check type of training services and number of hours requested

____ Initial DSMES/DSMT 10 hours or _____ hours
____ Follow-up DSMES/DSMT 2 hours

***Applies for ALL Type 1 Diabetes, language other than English, multiple co-morbidities, impaired mobility, impaired hearing, impaired vision, impaired mental status/cognition, learning disability, developmental/behavioral, religious and/or cultural food preferences special needs, etc.**

Diabetes Lab Results: (Please send a copy of patient's most recent lab report)

HgbA1c: _____ % Date: _____ FBS: _____ Date: _____

Other Lab results: _____

Oral Glucose Tolerance Test: Date: _____ FBS: _____ 1 HR: _____ 2 HR: _____ 3 HR: _____

Referring Provider Signature: _____

Provider Name: _____ Date: _____

Office #: _____

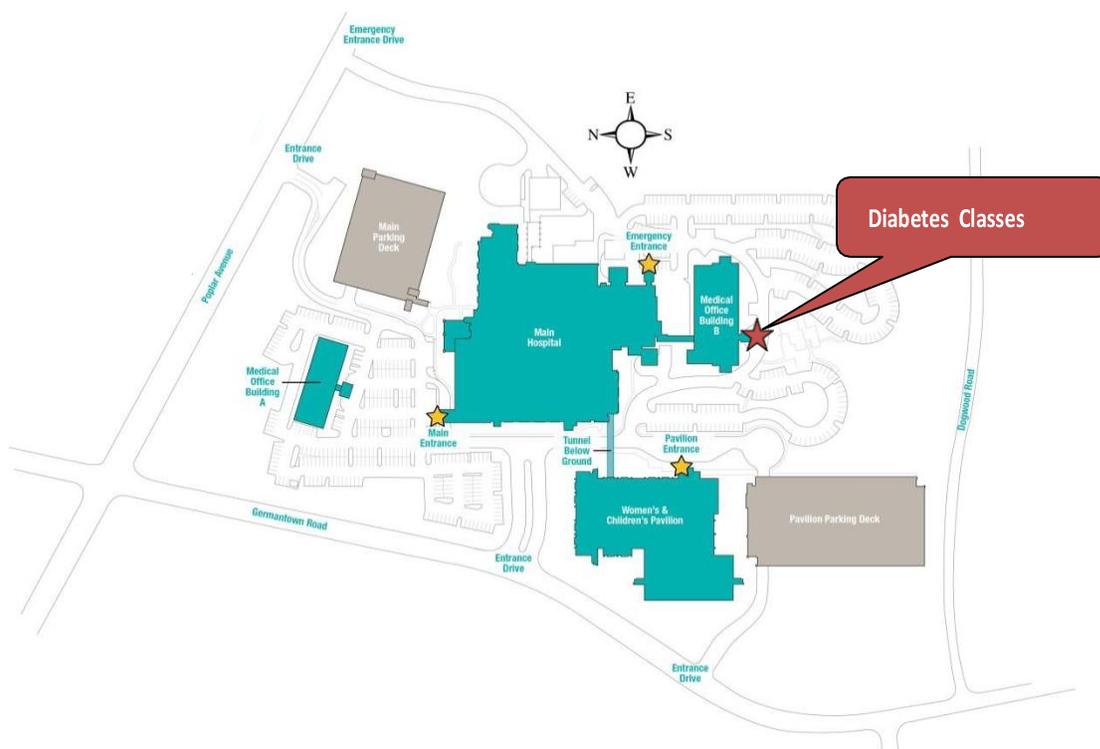
Office Fax: _____

Diabetes and Medical Nutrition Therapy Services is located on the campus of Methodist
Germantown Hospital in Medical Office Building B.

7705 Poplar Avenue
Medical Office Building B, Suite
150 Germantown, TN 38138
901.516.6616

Please arrive 15 minutes prior to your appointment. Parking is available near the entrance to
Medical Office Building B, or you may park in the Women's Pavilion Parking Deck.

Methodist Germantown Hospital Campus



Available Classes:

- Gestational Diabetes
- Pre-diabetes
- Type 1 Diabetes (one-on-one class; individually scheduled; call 901.516.6616 with questions)
- Type 2 Diabetes

Insurance will be verified prior to the first class. Clients can expect to meet with the diabetes educator for an individualized assessment, with the exception of those interested in the gestational diabetes class, who will be contacted by phone.