



Methodist Centralized Scheduling

Phone: 901-516-9000

Fax: 901-516-4900

## Outpatient Diabetes Education Referral Form

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Insurance: \_\_\_\_\_ Phone (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_

### Diabetes Diagnosis:

\_\_\_\_ New-Onset Type 2 Diabetes      \_\_\_\_ Prediabetes      \_\_\_\_ Gestational Diabetes  
\_\_\_\_ Pre-Existing Type 2 Diabetes      \_\_\_\_ Type 1 Diabetes      \_\_\_\_ Pre-Existing Diabetes w/ Pregnancy

### Referral for: (Please select all that apply)

\_\_\_\_ Type 2 Diabetes Education with RN, CDCES (small group) – approx. 2.5 hours  
\_\_\_\_ Type 2 Diabetes Nutrition with RD (small group) – approx. 2.5 hours  
\_\_\_\_ Gestational Diabetes (small group) – approx. 2.5 hours  
\_\_\_\_ Pre-Existing Diabetes w/ Pregnancy (1-on-1) – approx. 1.5 hours  
\_\_\_\_ Special Needs/1-on-1 with RN, CDCES\* – approx. 1.5 hours  
\_\_\_\_ Special Needs/1-on-1 with RD\* – approx. 1.5 hours  
\_\_\_\_ MNT Follow-up with RD – approx. 1 hour

Check type of training services and number of hours requested

\_\_\_\_ Initial DSMES/DSMT 10 hours or \_\_\_\_\_ hours  
\_\_\_\_ Follow-up DSMES/DSMT 2 hours

**\*Applies for ALL Type 1 Diabetes, language other than English, multiple co-morbidities, impaired mobility, impaired hearing, impaired vision, impaired mental status/cognition, learning disability, developmental/behavioral, religious and/or cultural food preferences special needs, etc.**

### Diabetes Lab Results: (Please send a copy of patient's most recent lab report)

HgbA1c: \_\_\_\_\_ % Date: \_\_\_\_\_ FBS: \_\_\_\_\_ Date: \_\_\_\_\_

Other Lab results: \_\_\_\_\_

Oral Glucose Tolerance Test: Date: \_\_\_\_\_ FBS: \_\_\_\_\_ 1 HR: \_\_\_\_\_ 2 HR: \_\_\_\_\_ 3 HR: \_\_\_\_\_

Referring Provider Signature: \_\_\_\_\_

Provider Name: \_\_\_\_\_ Date: \_\_\_\_\_

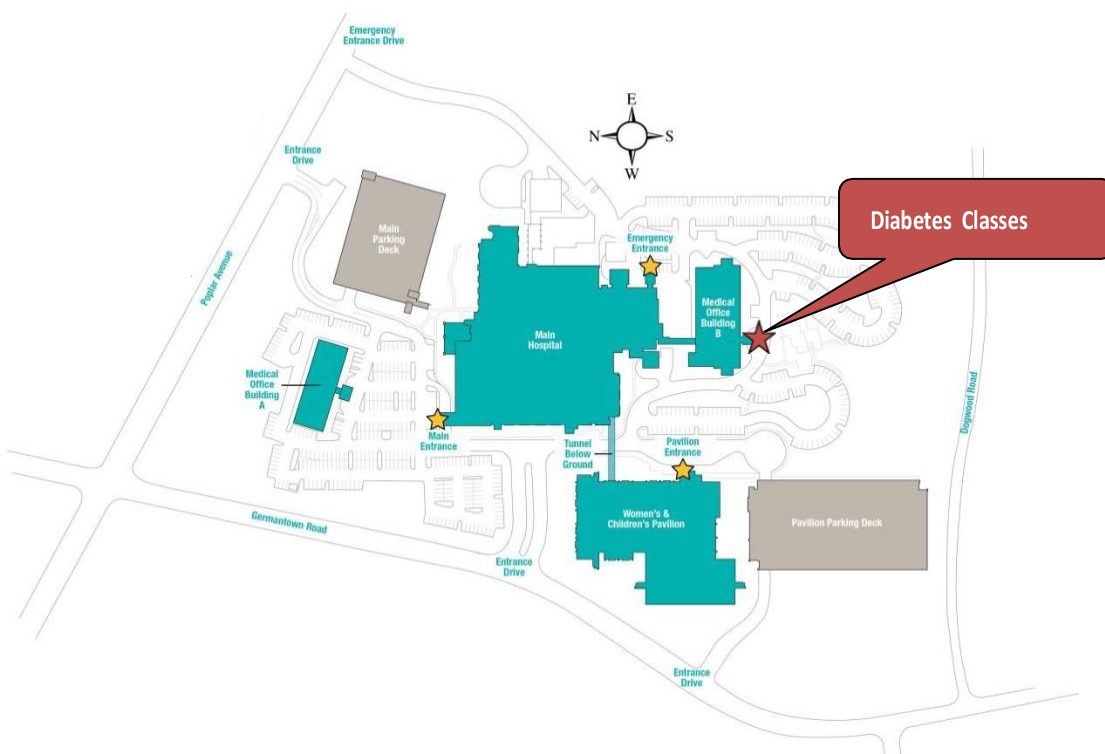
Office #: \_\_\_\_\_ Office Fax: \_\_\_\_\_

Diabetes and Medical Nutrition Therapy Services is located on the campus of Methodist Germantown Hospital in Medical Office Building B.

7705 Poplar Avenue  
Medical Office Building B, Suite  
150 Germantown, TN 38138  
901.516.6616

Please arrive 15 minutes prior to your appointment. Parking is available near the entrance to Medical Office Building B, or you may park in the Women's Pavilion Parking Deck.

### Methodist Germantown Hospital Campus



#### Available Classes:

- Gestational Diabetes
- Pre-diabetes
- Type 1 Diabetes (one-on-one class; individually scheduled; call 901.516.6616 with questions)
- Type 2 Diabetes

Insurance will be verified prior to the first class. Clients can expect to meet with the diabetes educator for an individualized assessment, with the exception of those interested in the gestational diabetes class, who will be contacted by phone.