

# HEALTH HISTORY

Date: \_\_\_\_\_

Welcome to our practice. As a new patient, please fill out the information found below to the best of your ability.

Name: \_\_\_\_\_

Chart #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

History of present illness:

Location: \_\_\_\_\_ Quality: \_\_\_\_\_  
(Where is the pain/problem?) (Example: normal versus abnormal color, activity, etc.)

Severity: \_\_\_\_\_ Duration: \_\_\_\_\_  
(How severe is the pain/problem on a scale of 1-5 with 5 being the most severe?) (How long have you had this pain/problem, or when did it start?)

Timing: \_\_\_\_\_ Context: \_\_\_\_\_  
(Does the pain/problem occur at a specific time?) (Where were you at the onset of this pain/problem?)

Associated signs/symptoms \_\_\_\_\_ Modifying factors \_\_\_\_\_  
\_\_\_\_\_  
(What other associated problems have you been having?) (What makes the pain/problem worse or better? or Have you had previous episodes?)

## Past Medical History

Have you ever had the following: (Circle "no" or "yes," leave blank if uncertain)

Measles.....no	yes	Anemia.....no	yes	Back trouble.....no	yes	Hepatitis.....no	yes
Mumps.....no	yes	Bladder Infections.....no	yes	High Blood Pressure.....no	yes	Ulcer.....no	yes
Chickenpox.....no	yes	Epilepsy.....no	yes	Low Blood Pressure.....no	yes	Kidney Disease.....no	yes
Whooping Cough.....no	yes	Migraine Headaches.....no	yes	Hemorrhoids.....no	yes	Thyroid Disease.....no	yes
Scarlet Fever.....no	yes	Tuberculosis.....no	yes	Date of last chest x-ray _____		Bleeding Tendency.....no	yes
Diphtheria.....no	yes	Diabetes.....no	yes	Asthma.....no	yes	Any other disease.....no	yes
Smallpox.....no	yes	Cancer.....no	yes	Hives or Eczema.....no	yes	(please list):	
Pneumonia.....no	yes	Polio.....no	yes	AIDS or HIV+.....no	yes	_____	
Rheumatic Fever.....no	yes	Glaucoma.....no	yes	Infectious Mono.....no	yes	_____	
Heart Disease.....no	yes	Hernia.....no	yes	Bronchitis.....no	yes	_____	
Arthritis.....no	yes	Blood or Plasma.....no	yes	Mitral Valve Prolapse.....no	yes	_____	
Venereal Disease.....no	yes	Transfusions		Stroke.....no	yes	_____	

Previous Hospitalizations / Surgeries / Serious Illnesses

When?

\_\_\_\_\_  
\_\_\_\_\_

## Patient social history:

Marital status	Single: _____	Married: _____	Separated: _____	Divorced: _____	Widowed: _____
Use of alcohol:	Never: _____	Rarely: _____	Moderate: _____	Daily: _____	
Use of tobacco:	Never: _____	Previously, but quit: _____	Current packs a day: _____		
Use of drugs:	Never: _____	Type/Frequency: _____			
Excessive exposure at home or work to:	Fumes: _____	Dust: _____	Solvents: _____	Particles: _____	Noise: _____

## Family medical history:

	Age	Diseases	If Deceased, Cause of Death
Father	_____	_____	_____
Mother	_____	_____	_____
Siblings	_____	_____	_____

**Review of Systems: Please indicate any personal history below:**

Chart #:

**Constitutional Symptoms** ☐ NONE

Good general health lately No Yes  
Recent weight change No Yes  
Fever No Yes  
Fatigue No Yes  
Headaches No Yes

**Eyes** ☐ NONE

Eye disease or injury No Yes  
Wear glasses/contact lenses No Yes  
Blurred or double vision No Yes

**Ears/Nose/Mouth/Throat** ☐ NONE

Hearing loss or ringing No Yes  
Earaches or drainage No Yes  
Chronic sinus problem No Yes  
Nose bleeds No Yes  
Chronic rhinitis No Yes  
Mouth sores No Yes  
Bleeding gums No Yes  
Bad breath or bad taste No Yes  
Sore throat or voice change No Yes  
Swollen glands in neck No Yes

**Cardiovascular** ☐ NONE

Heart trouble No Yes  
Chest pain or angina pectoris No Yes  
Palpitation No Yes  
Shortness of breath w/  
walking or lying flat No Yes  
Swelling of ankles or feet No Yes

**Gastrointestinal** ☐ NONE

Loss of appetite No Yes  
Change in bowel movements No Yes  
Nausea or vomiting No Yes  
Frequent diarrhea No Yes  
Painful bowel movements  
or constipation No Yes  
Rectal bleeding or blood  
in stool No Yes  
Abdominal pain No Yes

**Genitourinary** ☐ NONE

Frequent urination No Yes  
Burning or painful urination No Yes  
Blood in urine No Yes  
Change in force of strain  
when urinating No Yes  
Incontinence or dribbling No Yes  
Kidney stones No Yes  
Female - pain with periods No Yes  
Female - irregular periods No Yes  
Female - vaginal discharge No Yes  
Female - # of pregnancies \_\_\_\_\_  
Female - # of miscarriages \_\_\_\_\_  
Female - date of last pap  
smear \_\_\_\_\_  
Male - testicle pain No Yes

**Musculoskeletal** ☐ NONE

Joint pain No Yes  
Joint stiffness or swelling No Yes  
Weakness of muscles or  
joints No Yes  
Back pain No Yes  
Cold extremities No Yes  
Difficulty in walking No Yes  
Muscle pain or cramps No Yes

**Integumentary (skin, breast)** ☐ NONE

Rash or itching No Yes  
Change in skin color No Yes  
Change in hair or nails No Yes  
Varicose veins No Yes  
Breast pain No Yes  
Breast lump No Yes  
Breast discharge No Yes

**Neurological** ☐ NONE

Frequent/recurring headaches No Yes  
Light headed or dizzy No Yes  
Convulsions or seizures No Yes  
Numbness/tingling sensations No Yes  
Tremors No Yes  
Paralysis No Yes  
Head injury No Yes

**Psychiatric** ☐ NONE

Memory loss No Yes  
Nervousness No Yes  
Depression No Yes  
Insomnia No Yes  
Confusion No Yes

**Endocrine** ☐ NONE

Glandular or hormone  
problem No Yes  
Excessive thirst No Yes  
Excessive urination No Yes  
Heat/cold intolerance No Yes  
Skin becoming dryer No Yes  
Change in hat/glove size No Yes

**Hematologic/Lymphatic** ☐ NONE

Slow to heal after cuts No Yes  
Bleeding tendency No Yes  
Bruising tendency No Yes  
Anemia No Yes  
Phlebitis No Yes  
Past transfusion No Yes  
Enlarged glands No Yes

**Respiratory** ☐ NONE

Chronic or freq. coughs No Yes  
Spitting up blood No Yes  
Shortness of breath No Yes  
Wheezing No Yes

**ALLERGIES?** NONE

If yes, please list

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To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

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PATIENT SIGNATURE

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PHYSICIAN SIGNATURE