

# METHODIST LE BONHEUR HEALTHCARE PROGRAMS AND FUNDING OPPORTUNITIES



The mission of the Methodist Healthcare Foundation is to uplift Methodist Le Bonheur Healthcare's compassionate care for our entire community through philanthropy, health advocacy and a vision of healing and hope.

The Foundation supports extensive adult programming throughout the Mid-South, carrying forward our mission, addressing barriers related to the social determinants of health and enhancing the overall well-being of our community.

## Adult Hospitals and Areas of Care

The Methodist Healthcare Foundation supports five hospitals—Methodist University Hospital, Methodist Le Bonheur Germantown Hospital, Methodist North Hospital, Methodist South Hospital and Methodist Olive Branch Hospital—with each having a dedicated general support fund. Our healthcare system's key areas of care with gift funds include cancer, cardiovascular services, transplant, hospice, sickle cell, neuroscience, otolaryngology and behavioral health.

## Backpack Giveaway

In 2024, our annual Backpack Giveaway provided 2,000 backpacks filled with necessary school supplies, free of charge, to our community. This program recognizes the vital foundational importance of literacy as a social determinant of health and helps provide students and parents with a better start to the school year.

## Camp BraveHearts

A three-day summer camp provided through the Methodist Hospice Residence, Camp Bravehearts helps children ages 6-16 who have lost a loved one learn to cope with grief and embark on their healing journey. The thoughtfully crafted curriculum combines art and music therapy, group discussions and coping exercises with traditional outdoor summer camp activities like ropes courses, a climbing wall, a zipline, swimming and canoeing. Trained professionals and volunteers help children and adult family members explore grief-related issues. Our annual Golf Classic is held each summer to support Camp BraveHearts and the Methodist Hospice Residence.

## Chaplaincy Program/Residency

Our interfaith chaplains are available to visit with patients and family members 24/7 by phone or in person. Our chaplains practice active, compassionate listening to ensure that our patients feel heard and cared for. They offer prayers, build trust and serve as conduits to connect patients to resources related to the social determinants of health, such as behavioral health services, clothing and other basic needs and nutrition resources.



**3,500+  
Donors  
Annually**



**\$80+ Million  
Raised Since  
2015**

Methodist Le Bonheur Healthcare (MLH) also offers a Clinical Pastoral Education Residency program, accredited by the Association for Clinical Pastoral Education. This year-long residency brings theological students and clergy of all faiths into supervised encounters within a hospital setting.

## Chronic Disease Self-Management Program (CDSMP)

Launched in 2023 with support from the Tennessee Department of Health, this six-week seminar educates caretakers and individuals with chronic health conditions, including obesity, diabetes, hypertension and cancer. Participants learn to conduct home testing, navigate the healthcare system and better understand and manage their conditions. Participation in the class can reduce preventable hospital and ER visits and empower individuals to take control of their health.

## Circles of Joy

A beautiful artistic installation located in the lobby of The Pavilion at Methodist Le Bonheur Germantown Hospital, Circles of Joy celebrates new life, exceptional care and gratitude. Donations through this campaign will help ensure that quality labor and delivery, postpartum and newborn care are accessible in our community. Through this fundraising initiative, mothers and families who received excellent care are invited to share their stories and honor family members, including the newest in the family.

## Clothes Closet

Located at Methodist University Hospital, this program was initiated by Associates who noticed that some patients who were discharged had nothing to wear home but their hospital gown. The Clothes Closet provides essential clothing to patients in need. An Amazon Wishlist allows donors to contribute to this much needed service from anywhere in the country.



**Methodist**  
Healthcare  
Foundation

## Community Collective for Reading Literacy (BookNook)

Launched in 2018, the BookNook program has provided evidence-based literacy tutoring in small group and individual sessions to thousands of K-6th grade students at community sites throughout Shelby County. Tutoring is provided during the school year and during the summer intersession. Community site partners include Neighborhood Christian Centers, Boys & Girls Clubs, Refugee Empowerment Program, Red Door Urban Missions, First Baptist Church Broad, St. Andrew AME Church and Centenary United Methodist Church.

## Congregational Health Network & Navigators

The Congregational Health Network (CHN) is a unique alliance of over 300 congregations throughout the Greater Mid-South reflecting our faith-based healing mission. The CHN provides community-based health programming, including the Chronic Disease Self-Management Program, health fairs and cancer screening events. A central component of the CHN is their navigators, dedicated community liaisons who network extensively with congregations to foster trust and connect community members to a variety of MLH health programs.

## Dennis H. Jones Living Well Network

The Dennis H. Jones Living Well Network provides online and phone support and connects individuals dealing with anxiety, depression, substance abuse and other life challenges with mental health resources and treatment. This program reduces stigma by advocating for expanded resources, education and discussions regarding mental health. Our annual Mental Health Breakfast is held each spring to support the Living Well Network.

## Duckworth-Kossmann Scholarship

This scholarship is offered to eligible college-bound children of MLH Associates who have an interest in pursuing a career in a healthcare-related field. The Foundation offers two scholarship opportunities: Scholar Awards, a renewable academic scholarship of up to \$1,500 annually, and the Achievement Awards, a one-time scholarship of \$1,000 for exceptional academic and extracurricular accomplishments in high school and community activities.

## Garden Pavilion at Methodist University Hospital

The Garden Pavilion is an architectural re-imagining of a century-old cooling tower structure that will provide a tranquil indoor-outdoor space for healing, reflection and togetherness for patients, visitors and Associates at Methodist University Hospital. Naming opportunities are available for this new fixture, opening in summer 2024.

## Gilda's Club

A free program dedicated to providing support, education and hope, Gilda's Club is a haven for all people impacted by cancer, including family members and friends. This program, based at Methodist University Hospital, provides a gathering place where anyone affected by cancer can join with others for social and emotional support. Part of the Methodist Cancer Institute, Gilda's Club offers educational workshops, support groups, wellness classes, social activities and access to community resource information.

## Hankins Transplant Education Endowment Fund

Established in 2023 with a generous gift from a grateful patient, Methodist Transplant Institute's Hankins Transplant Education Endowment Fund was created to provide an evergreen funding source for continuing education for all Associates of the Institute, ensuring the growth and development of the Transplant Institute through external educational opportunities.

## Healthier 901

Sponsored by Methodist Le Bonheur Healthcare, Healthier 901 is a community health initiative launched in 2023 to support and challenge the Mid-South community to lose a collective one million pounds over three years. Healthier 901 has garnered the support of gyms and fitness centers, restaurants, exercise advocates and local businesses to equip our community with resources to lose weight and live healthier lives. The initiative uses an app that allows users to record their weight loss, track fitness activities, log meals, discover healthy tips and recipes and enroll in fitness challenges.

## Humanitarian Fund

Originally established as a fund for patients in need, Methodist Le Bonheur Healthcare's Humanitarian Fund was reorganized in 1976 to help Associates who are facing crisis situations and need emergency help. The fund provides grants to Associates dealing with a death in the family, property damage, long-term illness or other crises. Through the annual Humanitarian Fund Campaign, the Foundation raises funds "For Associates, By Associates" across the MLH System, supplemented by contributions from corporate and community partners.

## Internal Medicine Residency

This three-year residency program, located at Methodist University Hospital, offers the Mid-South's doctors of tomorrow the opportunity to be mentored by experienced teaching faculty while caring for patients who have chronic diseases that mirror the health disparities seen in the region.

The program incorporates individualized educational experiences, including ambulatory/outpatient experiences for residents seeking to practice in an outpatient setting, inpatient experiences for those interested in hospitalist medicine careers and experiences in subspecialties.

## Know Your Numbers Barbershop Initiative

A partnership with Concorde Career College, Remington College and the American Heart Association, the Know Your Numbers program at Methodist North Hospital was designed to reach men at barbershops, which serve as community hubs, to provide free blood pressure checks and connect men to health resources to improve heart health.

## Methodist Comprehensive Sickle Cell Center

Methodist Comprehensive Sickle Cell Center provides holistic treatment and support to patients who have sickle cell disease. Located in Shorb Tower at Methodist University Hospital, the Center includes an outpatient clinic and a dedicated emergency infusion center, as well as an on-call physician for after-hours and weekend emergencies. The Center also provides patients with social work, pharmacy and behavioral health support. The annual Sips for Sickle Cell event is held each fall to support the center.

## Methodist Hospice Residence

Methodist Hospice Residence provides high-quality, compassionate, palliative and end-of-life care to patients, regardless of their ability to pay. The 15-bed residential facility is beautifully decorated and designed to feel like a home. Each room has easy access to a carefully landscaped, sunny central courtyard. In 2023, the residence launched a \$3 million endowment campaign to secure future end-of-life care for our community. The Foundation's annual Golf Classic is held each summer to support the Residence.

## Methodist Mobile Mammography

The Methodist Mobile Mammography unit features the latest breast screening technology in a convenient setting. The unit may be scheduled at churches, events and other sites to provide breast cancer education and vital early detection of abnormalities or cancer.

## Mid-South Food Pharmacy

Operated through a partnership between the Mid-South Food Bank and Methodist Le Bonheur Healthcare, the Mid-South Food Pharmacy provides patients who are identified as food insecure with a box of healthy, shelf-stable food. The program then connects individuals with the Food Bank for longer-term food resources and nutrition education.

## Music Rx

In collaboration with Creative Aging, this program provides live music performances throughout the year in MLH hospitals and the Methodist Hospice Residence. Live music reduces stress and provides a positive, soothing experience for patients and Associates.

## My Sister's Keeper

An initiative committed to the health and well-being of Black women, the largest subpopulation of citizens in Shelby County, MLH's My Sister's Keeper program offers health education, empowerment and advocacy. Through virtual "Kitchen Table Talks" and an Annual Summit, My Sister's Keeper provides a connection point for Black women throughout Shelby County.

## Quality of Life for All (QoLA) Kids

An outpatient, community-based pediatric palliative care and hospice program, QoLA Kids strives to enhance quality of life for children suffering from serious illnesses and their families. This program serves children who are patients at St. Jude Children's Research Hospital and Le Bonheur Children's Hospital.

## Transplant Resource Center

The Transplant Resource Center supports the educational, emotional, spiritual and financial needs of transplant recipients, organ donors and their families at the Methodist Transplant Institute. The Center raises awareness about organ donation and transplantation through community education and provides financial aid and a nurturing, open forum for information and discussion through the Living Kindly support group.