


Methodist Le Bonheur Healthcare  
System 2022-2024



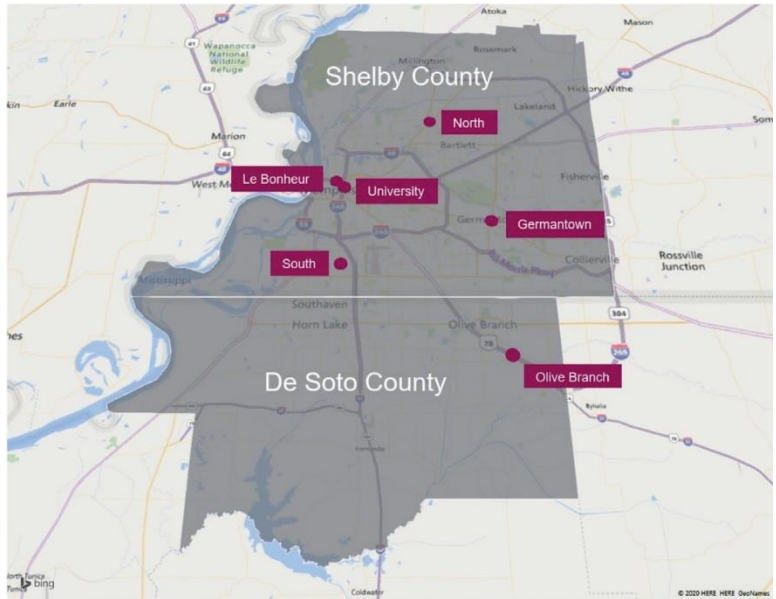
Community  
Health Needs  
Assessment  
Implementation  
Plan



# COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN

## Introduction

Based in Memphis, Tennessee, Methodist Le Bonheur Healthcare (MLH) has been caring for anyone who walks through its doors for more than 100 years. Guided by roots in the United Methodist Church and founded in 1918 to help meet the growing need for quality healthcare in the greater Memphis area, MLH has grown from one hospital into a comprehensive healthcare system with 13,000 Associates supporting six hospitals, ambulatory surgery centers, outpatient facilities, hospice residence and physician practices serving communities across the Mid-South. From transplants and advanced heart procedures to expert neurology services and compassionate cancer care, MLH offers clinical expertise with a focus on improving every life we touch.



MLH has long stood by its commitment to serve all corners of Mid-South area. This is clear through the physical presence of our hospitals and facilities in every corner of the community, including North, South and Downtown Memphis. MLH has maintained this presence for nearly five decades as part of its commitment to improving the health of our entire community.

In addition to providing nationally recognized clinical care, our commitment to our community's health goes beyond treating those within the walls of our hospitals. We start with our employees — developing programs and initiatives to help our workers manage and improve their health. Through internal entities like the Mission Integration division, MLH continues to develop novel programs to address the needs of the diverse communities it serves.

MLH's most recent 2022 Community Health Needs Assessment (CHNA) studied the needs of the community in MLH's primary service area of Shelby County, Tennessee and Desoto County and Mississippi. The report reaffirmed many of the priorities the system has maintained in recent years and highlighted new opportunities to improve the health of those in Memphis and the Mid-South in conjunction with our Reimagined Strategic Plan. This plan describes how MLH will use insights gained from the CHNA to shape actions and address these community needs.

## HEALTH PRIORITIES

MLH's 2022 CHNA reaffirmed priorities from the system's previous 2019 CHNA. The 2022 assessment identified the following priorities:

### Cardiovascular Health

Cardiovascular disease (CVD) is the leading cause of death in MLH's service area and cardiovascular patients are among the most common discharges from MLH hospitals. Cardiovascular health has consistently ranked among our system's priority initiatives and will continue to be a leading focus. Conditions related to CVD were among the leading issues identified by the community in CHNA focus groups, including: diabetes, and obesity. Obesity increases the risk of developing cardiovascular disease. Adults with diabetes are more likely to die from heart disease or stroke than adults without diabetes. Given the correlation between CVD, obesity and diabetes, our community health improvement plan is designed to address this need.

### Adult Cancer Care

Cancer is the second-leading cause of death in the communities MLH serves. There are significant health disparities related to cancer prevalence and mortality in Shelby and Desoto Counties. In Shelby County, African Americans die from cancer at a rate 1.4 times greater than Caucasians. The majority of patients treated in the MLH system are individuals of color, giving the system a unique opportunity to impact these disparities in cancer outcomes. Research also suggests a direct cause-and-effect connection between obesity and conditions that increase cancer risk such as chronic inflammation and immune suppression. As a result, our community health improvement plan will address this need.

## ADDRESSING CARDIOVASCULAR DISEASE AND CANCER

Memphis ranks as the 2nd most obese city in the United States and because obesity is a major risk factor for both cardiovascular disease and cancer, MLH will directly address these two identified needs through a community wide focus on healthy lifestyles and weight loss. This effort will also put extra focus in areas of our community with the highest risk and disparity.

### Healthier 901 – Powered by MLH

In fall 2023, MLH will launch a community-wide campaign challenging Mid-Southerners to lose weight. This challenge will aim to tackle obesity, which is a main contributing factor to heart disease and cancer. MLH will drive engagement to our program with an emphasis on areas in our community most affected by obesity. This challenge will have a specific weight loss goal for those in our community which will be tracked over a period of time to assess how well we achieve our goal in the designated time period. MLH will announce the full details of the campaign in the coming months.

## ADDRESSING OTHER COMMUNITY NEEDS

While our main focus is on impacting cardiovascular disease and cancer through a community effort addressing healthy lifestyles and weight loss, we recognize that there are many other community needs that were identified through the assessment. MLH is committed to addressing these needs as well. MLH has a vast portfolio of programs and partnerships currently in place that address many of the other needs identified from the CHNA. For example, mental health, community violence, poverty and access to healthcare as outlined in figure 1A (next page).

FIGURE 1A	Respiratory Illness																	
	Early Child Development																	
	Maternal Infant Health																	
	Medical Professional Training																	
	Injury Prevention																	
	COVID and Vaccinations																	
	Social Determinants of Health																	
	Sexually Transmitted Disease																	
	Health Literacy/Education																	
	Homelessness																	
Healthcare Access/Insurance																		
Poverty																		
Drugs and Alcohol																		
Community Violence																		
Diabetes																		
Mental Health																		
Obesity/Overweight																		
Cancer																		
Heart Disease/Hypertension																		
Maternal Child Programs																		
Nurse Family Partnership	X		X	X	X		X	X	X	X	X	X	X	X		X	X	
Healthy Families Tennessee	X		X	X			X	X	X	X		X	X	X		X		
LENA Home																	X	
The Family Resilience Initiative				X				X	X	X	X		X				X	X
Breastfeeding Clinic/Project Diabetes					X				X		X						X	
Child Development																		
School-based Therapy									X									X
Early Intervention									X									X
Inclusion Support									X									X
Child Care Resource and Referral									X									X
Social Determinants of Health																		
COVID-19 Vaccine Education Grant											X		X	X				
COVID Community Healthcare Worker											X		X	X				
Youth Homelessness Project Navigation										X								
Shelby County Earned Income Tax Impact								X			X		X					
MLH Social Determinants of Health								X	X	X	X		X					
Congregational Health Network (CHN)	X	X			X				X		X		X	X				

[illegible]

Pediatrics Integrating Behavioral Health				X							X					X			
HOPE Journey - Zero Suicide				X												X			
Pediatric Mental Health Provider Hotline				X							X								
Injury Prevention																			
Child Injury Prevention																X			
	Heart Disease/Hypertension	Cancer	Obesity/Overweight	Mental Health	Diabetes	Community Violence	Drugs and Alcohol	Poverty	Healthcare Access/Insurance	Homelessness	Health Literacy/Education	Sexually Transmitted Disease	Social Determinants of Health	COVID and Vaccinations	Injury Prevention	Medical Professional Training	Maternal Infant Health	Early Child Development	Respiratory Illness
Splash Mid-South															X				
Urban Child Advocate Fellow															X				
School Health																			
Project SEARCH									X		X			X			X		
School Health Programs																			
West TN Delta Rural Health Initiative	X		X		X				X		X								
Le Bonheur on the Move	X		X						X										
Behavioral Health Care Navigation				X					X										
RN Health Education	X		X		X				X		X								
Case Coordination	X		X						X										

