

LUNCH AND LEARN PREPARING FOR SURGERY



Thursday, November 6, 2025 • 12 – 12:30 p.m.

If you will be having surgery, planning ahead can help you have a successful procedure and a faster, smoother recovery. Join us to learn how to prepare. A question-and-answer session will follow the presentation.

Presented by:

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Join us virtually by visiting
www.methodisthealth.org/lunchandlearn
or scan the QR code.



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