## Coping with Unresolved Grief

Wednesday, December 18, 2024 12 p.m. – 1 p.m.

**Guest Speaker:** 

Pastor Dianne P. Young, BA, MCCP, CWIC
The Healing Center Full Gospel Baptist Church



Many people experience unresolved grief, which is severe grief that lingers long after a loss. The holidays can make grief even worse, so join us for this engaging discussion to learn how to better cope. A question-and-answer session will follow the discussion.

Zoom Info: https://mlh-org.zoom.us/j/94598197537

Meeting ID: 945 9819 7537

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