Methodist Le Bonheur Healthcare

The Patient Health Questionnaire
PHQ-9 Modified for Adolescents (PHQ-A)

Name _____ Clinician _____ Date _____

Over the past 2 weeks, how often have you been bothered by any of the following problems? For each symptom, put an **X** in the box beneath the answer that best describes how you have been feeling.

	Not at All **(0)**	Several Days **(1)**	More than Half the Days **(2)**	Nearly Every Day **(3)**
1. Feeling down, depressed, irritable, or hopeless				
2. Little interest or pleasure in doing things				
3. Trouble falling asleep, staying asleep, or sleeping too much				
4. Poor appetite, weight loss, or overeating				
5. Feeling tired, or having little energy				
6. Feeling bad about yourself – or feeling that you are a failure, or that you have let yourself or your family down				
7. Trouble concentrating on things like schoolwork, reading, or watching TV				
8. Moving or speaking so slowly that other people could have noticed?				
Or the opposite – being so fidgety or restless that you were moving around a lot more than usual				
9. Thoughts that you would be better off dead, or of hurting yourself in some way				

_____ Yes _____ No In the **past year**, have you felt depressed or sad most days, even if you felt okay sometimes?

If you are experiencing any of the problems on this form, how **difficult** have these problems made it for you to do your work, take care of things at home or get along with other people?
_____ Not difficult at all _____ Somewhat difficult _____ Very difficult _____ Extremely difficult

_____ Yes _____ No Has there been a time in the **past month** when you have had serious thoughts about ending your life?

_____ Yes _____ No Have you **EVER in your WHOLE LIFE**, tried to kill yourself or made a suicide attempt?

***If you have had thoughts that you would be better off dead or of hurting yourself in some way, please discuss this with your Health Care Clinician, go to a hospital emergency room, or call 911.*

Office Use Only: **Severity Score:** _____